



Bring home a



HONDA

Feel like a kid again



SAVE UP TO
\$3000

Birchwood
— Honda

FIND SPECIAL HONDA OFFERS ON PAGE 5!

Winnipeg metro

TRUDEAUS IN CUBA

Sophie brings message of gender equality — and leaves the kids at home
metroNEWS



Your essential daily news | THURSDAY, NOVEMBER 17, 2016

High 1°C/Low -3°C Chance of flurries



President of the Manitoba Metis Federation David Chartrand along with his wife Glorian and granddaughter Martha lay a copy of the historical framework agreement with the Government of Canada at Louis Riel's grave Wednesday.

DAVID LIPNOWSKI/FOR METRO

RISE OF A NATION

Manitoba Metis celebrate historical agreement with Ottawa
metroNEWS

Fentanyl crisis hits

DRUGS

Police suspect three found dead overdosed on opioid

First responders are dealing with overdoses every day in what has become a fentanyl crisis in Manitoba's capital, the head of the city's firefighters union said Wednesday.

"Where before a paramedic would go to one or two overdoses a year, now we're seeing firefighter-paramedics attending to overdoses every single day," Alex Forrest of the United Fire Fighters of Winnipeg said. "Our guys and girls are going out to these calls and going to these events, and sometimes we have two or three individuals that we're reviving that are on the verge of cardiac arrest because of the fentanyl use."

Forrest's remarks came hours after two women and one man were found dead inside a home in a resi-

dential neighbourhood in the city's northwest. A white powder was found inside the home.

Police said they suspected the powder might be fentanyl — a synthetic opioid — or its much more powerful cousin carfentanil. Lab tests on the powder are expected to take a few weeks.

Police and health officials across North America say fentanyl poses a serious threat to public safety. The opioid is used as a painkiller for terminally ill cancer patients and is 100 times more powerful than heroin.

Carfentanil — a drug so strong that a dose the size of a few grains can be fatal — was first found in Winnipeg in the summer when police raided a hotel room and found 1,477 doses. Last month, a nine-month-old boy was rushed to hospital after being exposed to it. "This type of incident is on everyone's minds," said Const. Rob Carver. "It's changing the landscape of how we work and how first responders work." THE CANADIAN PRESS



GO FRAMELESS

Memories without boundaries



CALL:

94-FOCUS
imageplus.ca

RECYCLE SOMETHING NEW

Plastic bags can be
made into dozens of
useful new products.




MMSM
Multi-Material
Stewardship Manitoba
INDUSTRY FUNDING RECYCLING

#KnowYourRecyclables

Drop them off at any
designated location listed
on simplyrecycle.ca





University of Manitoba strike reaches day 16

JOB SECURITY

Host of student groups are opting to stand behind UMFA



Jessica Botelho-Urbanski
For Metro | Winnipeg

Sixteen days into their longest strike of the century, the University of Manitoba Faculty Association brought forward a proposal to the U of M Wednesday to end the bitter standoff over workload levels and job protections.

Both sides worked late into the afternoon and evening, hoping to strike a deal by the end of the day. Another day at the picket line would trigger changes to the university's fall and winter class schedules.

The UMFA planned to arrive "prepared with specific, practical workable proposed language" surrounding workloads, they said in a news release. In weeks past, UMFA had shot down the university's settlement proposals.

Negotiations were still ongoing at press time.

Brenda Austin-Smith, an associate professor and department head in English, film and theatre, has been part of the close-knit team of negotiators at the table for UMFA.

She's also vice-president of

the Canadian Association for University Teachers and said she's seen similar battles over academic performance metrics and workload volumes at schools across Canada.

"The point that we're making at the table is that there are universities all over the country that already have workload language in their collective agreements," Austin-Smith said, rattling off a long list including the University of Saskatchewan, the University of Prince Edward Island and Queens University. "There are tons. So this should not be such a hill to die on for the university."

Student groups from a myriad of faculties have come out in support of UMFA. Within the last week, the University of Manitoba Students' Union and the Graduate Students' Association changed their previously neutral stances on the strike, opting to side with UMFA.

Jennifer Black, who's in her tenth year at the U of M pursuing her masters' degree in English, said all the profs who are supposed to review her thesis are on the picket lines.

"I definitely stand behind them. It's a bit of an inconvenience to me personally," Black said. "I think it's worth taking a couple personal hits to make sure the faculty gets their gains because the issues are so important."

Visit metronews.ca/winnipeg for an update on the strike.



Taking a stand: Members and supporters of the University of Manitoba Faculty Association were back at the picket line on Wednesday, while faculty and administration went back to the bargaining table in the afternoon. COURTESY SUSAN PRENTICE

POVERTY

Groups call for action



Braeden Jones
Metro | Winnipeg

A coalition of more than 100 social organizations is calling on the province to boost social assistance rates as part of a plan to end poverty.

During a well-attended Make Poverty History Manitoba (MPHM) campaign launch on Wednesday, chairman Josh Brandon set the stage for the group's expectations of the provincial government.

"We have the resources to end poverty, it's just how we set out priorities," Brandon said.

Honing in on the Speech from the Throne coming later this month, Brandon said he'd like to see details of a plan that aligns with priorities previously set out by the community groups behind him.

More than 50 recommendations the government could choose from were documented in "the view from here 2015," which was a call for a renewed poverty reduction plan issued last year.

By MPHM's calculations, there are 130,000 Manitobans living below the poverty line, and many live "very far below the poverty line."

Single adults living on employment income assistance (EIA) are only about 53 per cent of the way to the poverty line. MPHM is looking for the province to get all Manitobans within 25 per cent of the poverty line.

SERVICES

COMMUNITY. VARIETY. CONVENIENCE. FOOD.

Portage Place Shopping Centre is your one-stop shop for a wide range of services for everything from tailors to taxes and from hair dressers to chiropractors.

MEET HERE. SHOP HERE.

PORTAGE PLACE

Two former mayors honoured

CITY HALL

Katz portrait unveiled, while building named after Thompson



Stephanie Taylor
Metro | Winnipeg

Sam Katz's portrait will now hang in the gallery of mayors at Winnipeg City Hall.

The former mayor and his family attended an unveiling ceremony on Wednesday, shortly after council voted to honour another former mayor, Susan Thompson.

Mayor Brian Bowman said the portraiture tradition honours the contribution these municipal leaders made to the city, regardless of any differing opinions on policy.

During the event, Katz spoke glowingly about his 10 years as the city's 42nd mayor, reminiscing about Coun. Jenny Gerbasi pressing him during council question periods, and pizza-catered lunches for the executive policy committee.

He quipped that these days, he can leave the office a bit earlier and sleep in longer — even take a weekend or two off — with no one batting an eye.

The portrait itself depicts Katz sporting a black blazer, not his trademark colour purple.

"It's funny. I actually thought of wearing that one," Katz said with a laugh.

"By the way, if you happen to know anybody who's ap-



Former mayor Sam Katz stands beside a portrait of himself at Winnipeg City Hall on Wednesday. LYLE STAFFORD/FOR METRO

proximately five-foot-seven, somewhere between 145 and 150 (lbs), who needs a bunch of suits or ties please have them call me."

Nowadays, Katz says he's living with his family at a home in Headingley, which his wife purchased after the pair were unable to find a home that fit their family, he explained.

"We looked and looked, couldn't find anything, I looked for lots, couldn't find any," he said, adding he'll try



Susan Thompson was, and continues to be, a trailblazer and an inspiration to women everywhere.

Coun. Devi Sharma on the former mayor

living outside city limits for a year or so.

When asked about Katz's struggle to find a suitable house in the city, Bowman said he should keep looking.

On Wednesday, councillors also unanimously voted to re-

name the administration building the Susan A. Thompson Building after the city's first — and only — female mayor.

An official ceremony will likely take place in spring 2017.

Coun. Devi Sharma pitched the idea to council. She says it

coincides with the 100th anniversary of women winning the right to vote in Canada.

"Susan Thompson was, and continues to be, a trailblazer and an inspiration to women everywhere," she told councillors.

"As a woman in politics, I can attest to the challenges that women face when running for office in government."

Coun. Jenny Gerbasi recalled the media coverage during

+ KATZ'S LEGACY

On Wednesday, Bowman listed off community centre spending, renovations to Central Park and the city's 311 system as among Katz's accomplishments.

He left out another part of Katz's legacy — high-profile real estate scandals, including a fire hall deal and the purchase and subsequent renovations of a new police headquarters building that remains under RCMP investigation.

Thompson's time in office, calling some comments "appalling."

Gerbasi drew connections between the gender-based criticism faced by Thompson in the '90s to the more recent rhetoric about women during the U.S. election.

"When I got onto council it was very much an old boys' club," said Gerbasi of her first election to council in '98.

"I could tell you some stories."

Thompson was elected mayor in 1992 and served two terms. She recently released a book chronicling her time as mayor entitled *Her Worship*.

Thompson also made a brief return to the headlines in 2014 after a 30-minute speech to the Winnipeg Chamber of Commerce where she said the city could use a laser pyramid and hot tubs at Portage & Main to bolster its image.

TRANSPORTATION

Council delays \$53-million upgrade on transit garage

Winnipeg's city auditor has flagged an issue with the cost estimates of a \$53.2-million plan to expand Winnipeg Transit's Fort Rouge garage.

The upgrades would give more room for the transit fleet, which has increased to 625 from 545 buses over the past decade.

It would also consolidate transit operations — currently divided among four buildings in three locations across the city — into one campus.

Wednesday's council was set to vote on the plan, but opted to delay the decision. Councillors sent it back to the executive policy committee, which will deal with the matter next week.

Doug McNeil, the city's chief

administrative officer, said the auditor wants more clarity on how staff arrived at a Class 3 cost estimate of \$53 million.

Under the current funding breakdown, \$26 million would come from the feds, \$13 million from the province and \$14 million from the city's own revenue set aside for capital projects.

"Our understanding is the delay shouldn't affect the flow of those funds," Mayor Brian Bowman said.

Marion Street widening plan nixed

Also on Wednesday, council unanimously approved a plan to nix a \$566-million plan to widen Marion Street.

That means public works

staff will go back to the drawing board to find a cheaper, smaller Plan B to relieve traffic at the intersection at Marion and Archibald streets.

Newly named infrastructure renewal and public works chair Coun. Marty Morantz said the city was in a difficult situation.

"We are elected ultimately to make decisions and one of the things we all know is when we make decisions, some people are happy and others may be very unhappy," said Morantz.

The South St. Boniface Residents' Association is concerned the same consultant for the project, MMM Group, remains at the helm of consultations a second time around, alleging they did a lousy job in the first place. STEPHANIE TAYLOR/METRO

Giving parents and kids something to argue about since 1992!



T-shirts, Posters, Ashtrays, Hats, Lunch boxes, Hoodies, Patches, Stickers, Vinyl, Wallets, Long sleeved shirts, Mugs, Buttons, Belts, Flags, Incense, Tapestries, Zippos, Onsies, Key Rings

Shop Online at WILDPLANETMUSIC.COM

217 OSBORNE STREET AT CONFUSION CORNER (204) 956-4400



Volunteer store manager Karen Utech with a box of toys that are much needed at Christmas time in Winnipeg on Wednesday. LYLE STAFFORD/FOR METRO

Breaking the cycle of inner-city poverty

CHRISTMAS HAMPERS

Initiative builds support for low-income communities

Michelle Bailey
For Metro | Winnipeg

It's the "gift that gives twice."

That's how Tyler Pearce, Executive Director of LITE (Local Investment Toward Employment) describes a 22-year-old initiative known as the Alternative Christmas Hamper Campaign.

It's a program that ensures families in need living in low-income neighbourhoods — such as Winnipeg's inner-city area — receive hampers filled with staple items and Christmas supplies, including canned goods. The program also supports jobs in the community. In addition, Pearce said it keeps inner city businesses such as Neechi Commons busy during the holiday season.

Neechi Commons is one of the

largest commercial employers of indigenous people in Canada.

Other organizations benefit as well. Goodies such as cookies and other baked goods are purchased from the Native Women's Transition Centre, Wolseley Family Place, and the Spence Neighbourhood association.

And this year, Pearce said they will be providing ingredients for families to make traditional foods, such as bannock.

The hamper drive accepts monetary donations and the contents are purchased specifically from inner-city organizations and those who employ individuals that typically have barriers to employment.

"Not only are we able to support around 75 inner city jobs," said Pearce. "We are also supporting training and skill building programs."

Last year, 1,600 inner city residents benefited from the campaign. Individuals and workplaces can find out how to donate by visiting abetterhamper.ca

Karen Utech, who has three foster daughters aged 11, 12 and 13, said she has been the recipi-

ent of a hamper through this initiative. The grateful mother and grandmother, is a volunteer supervisor at the Anishinabe Miracle Store where second hand items are sold for 25 cents.

"If I didn't receive a hamper, what could I have done," said the 64-year-old. "And this Christmas, I am going to help pack hampers on behalf of my organization, Winnipeg Inner City Missions, because every family deserves to have something, especially at this time of the year."

LITE will host the 20th Annual Wild Blueberry Pancake Breakfast Nov. 25 at the Indian and Metis Friendship Centre on 45 Robinson St. with funds going towards the Alternative Christmas Hamper Campaign.



Every family deserves to have something, especially at this time of the year.

Karen Utech



Feel like a kid again



2016 CR-V LX 2WD

STOCK #: FO1510



LEASE FROM:

PURCHASE FROM:

\$72* WEEKLY OR \$28,650 UP TO **\$3,000***

@ 1.99% FOR 60 MONTHS WITH \$0 DOWN PAYMENT*

CR-V BONUS



2016 CIVIC TURBO

STOCK #: FO1339



LEASE FROM:

PURCHASE FROM:

\$80* WEEKLY OR \$27,021 UP TO **\$2,000***

@ 2.99% FOR 60 MONTHS*

OFF SELECT CIVIC TURBO MODELS

Birchwood
Honda

BIRCHWOOD HONDA ON REGENT
1401 Regent Avenue West
Call or Text: 204-813-7107 hondaonregent.ca



*All prices & payments are plus PST and GST. Offers valid until November 30, 2016. Weekly lease payments on 2016 CR-V LX / 2016 Civic Turbo are \$72 / \$80 plus PST and GST at 1.99% / 2.99% APR, On Approved Credit and based on a price of \$28,650 / \$27,021 with \$0 down, leased over a 60 / 60 month term with a total lease obligation of \$18,720 / \$20,800. 24,000km / 20,000km per year allowance with excess kilometres charged at \$0.12 per kilometre. Price includes all-weather mats, mud guards and block heater. ^Up to \$3000 CR-V includes \$1500 stackable cash bonus and not available when financing through HCFI. \$2000 off available on select new Civic Turbo models. Factory order may be required. See Birchwood Honda for full offer details. Dealer permit #9387



Left: A copy of the historical framework agreement with the Government of Canada lays at Louis Riel's grave. Right: A Louis Riel Commemoration Ceremony at Louis Riel's grave site at the St. Boniface Basilica Grounds Wednesday. DAVID LIPNOWSKI/FOR METRO

Promise of closure comes 131 years after Louis Riel's death

RED RIVER RESISTANCE

Meetings scheduled to settle historic land dispute



Braeden Jones
Metro | Winnipeg

On the 131st anniversary of Louis Riel's death, the president of the Manitoba Métis Federation (MMF) delivered a hard-earned promise of closure to the gravesite of his people's hero.

David Chartrand stood on the Winnipeg hallowed

grounds with a recently signed framework agreement that guarantees the MMF scheduled meetings with the federal government to settle outstanding grievances. That includes a land claim dispute from 1870 responsible for ending Riel's Red River Resistance.

At the time, the Manitoba Act promised land within the Red River settlement would be reserved for children of the Red River Métis, but much of the intended protected homeland was distributed to settlers.

Chartrand said opening negotiations to right that wrong and others is "momentous."

It follows decades of court battles and consultations, and in Chartrand's two-decade ten-

ure as president of the MMF, more than \$5.6 million in funds raised to fight the fight and "many, many sleepless nights."

In the end we made a commitment to pursue this to the end, no matter what comes, hell or high water.

David Chartrand

The jointly developed framework, which was signed in Ottawa Tuesday, sets out both the process and subject matters for formal reconciliation negotiations, including resolution stemming from the Supreme Court ruling that the

federal government failed to follow through on Manitoba Act promises.

"This is a very good day for the Métis people... we have

the decision now for government-to-government, nation-to-nation negotiations," Chartrand said. "Louis Riel did not die in vain."

He explained that through "relentless dedication," even though reaching this point

took 146 years, the perseverance of those carrying on the fight for all that was promised to his ancestors culminating with this agreement paves the way for "100 years of growth."

"From the people side, the economic side, the education side, from a cultural side, you'll see a rise of a nation stronger than it has ever been," Chartrand said. "You'll start to see change happen... for us it has been a hell of a journey and we are going to see massive change."

He expects negotiations will not only settle the historic land dispute and cover financial recompense, but also potentially introduce new programs and rights for Métis peoples equal

to those received by other First Nations.

Because of those reasons, Chartrand believes the "real benefactors will be the next generation" of Métis children.

During the signing of the agreement in Ottawa on Tuesday, Minister of Indigenous and Northern Affairs Carolyn Bennett said the government would be joining Chartrand and Métis leaders "at the negotiating table in a spirit of renewal."

"This is a truly historic undertaking and we are firmly committed to working in partnership to reach a balanced solution that advances reconciliation for everyone's benefit," Bennett said.

cityplace

Winnipeg's downtown destination for meeting, dining and light-hearted shopping



333 St. Mary Avenue at Hargrave St.

cityplacewinnipeg.com f /cityplacewinnipeg



Prime Minister Justin Trudeau and Cuban President Raul Castro shake hands as they say goodbye after an event at the University of Havana on Wednesday. SEAN KILPATRICK/THE ASSOCIATED PRESS

Trudeau calms Cuba

DIPLOMACY

PM attempts to allay country's fears of Trump

Prime Minister Justin Trudeau told a group of Cuban students today that he won't change Canada's stance on Cuba, even though his views are at odds with the man set to lead Canada's biggest trading partner.

When asked about the U.S. embargo on Cuba, the election of Donald Trump and concerns about the future of Canada-Cuba relations, Trudeau repeatedly tried to calm curious university students in his audience.

The front row also held an unexpected guest: Cuban President Raul Castro.

"For me, election results in the United States won't change the strong relationship that is a friendship and a partnership between Canada and Cuba," Trudeau said.

Trudeau said Canada doesn't see a contradiction or issue with

being a steadfast and unflinching friend to Cuba and being an ally of the United States. He said the foreign affairs stance is one way Canadians reassure themselves "that we are our own country, that we make our own choices."

"We disagree with the approach the United States has taken with Cuba. We think that our approach is much better — of partnership, of collaboration, of engagement," he said.

"But it's not our job to tell our friends and allies what they should do or shouldn't do. It's our job to make sure we're doing what we know that we should do, that we can do in terms of creating opportunities for Canadians, for Canadian companies, but also opportunities for Cuba to continue to develop, to modernize, to improve in the many areas that it's building success in."

The hour-long session with students at the University of Havana came on the same day the Cuban military began five days of exercises. THE CANADIAN PRESS



Justin Trudeau and Raul Castro embrace on Wednesday in Havana. SEAN KILPATRICK/THE CANADIAN PRESS

Grégoire-Trudeau speaks for equality

Justin Trudeau's mother Margaret charmed Cubans when she brought her infant son Michel there 40 years ago. A generation later, Trudeau's own wife followed Margaret's steps, but came without her kids, charmed with fluent Spanish and delivered a message of support for gender equality.

Sophie Grégoire-Trudeau said that in countries where the culture is one of "machismo," strong men need to stand up and teach boys to re-

spect women.

She spoke to an audience of mostly women at San Geronimo University in old Havana, urging them to tell their stories.

"In cultures where machismo is very present, we are reminded by amazing men" that many of them are wise, open and capable of loving and respecting women, she said. "They should be encouraged at a very young age to develop these qualities and this will have an impact on society at large." TORSTAR NEWS SERVICE



Sophie Grégoire-Trudeau speaks at a panel discussion in Havana on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

Upstream LIVING

Gently moving water ripples through rolling terrain, connecting with stretches of wetlands and trails that lead back to the banks of the Assiniboine River. This rich and attractive land was among the first to be homesteaded in Manitoba. Now its abundant appeal will make you want to call Taylor Farm your home too.

CITY REACH, COUNTRY EASE

Taylor Farm offers a truly progressive approach to country living. Located within minutes of Winnipeg in the municipality of Headingley, its wide ranging landscape and expansive lots create unparalleled opportunities to design a distinctive custom home with incredible access to nearby amenities.

HOME SITES AVAILABLE NOW!



TAYLOR FARM

FOR MORE INFORMATION AND CUSTOM HOME BUILDER DETAILS VISIT:

QUALICO communities

TAYLORFARM.COM

#WomenOnBoards

A Metro special focus

Gender parity 'good for business'

DIVERSITY

Female board members aren't so difficult to find: Expert



Ryan Tumilty
Metro | Ottawa

Private corporations that have achieved gender diversity say the change isn't just good for society, it's good for business.

Pamela Jeffery, founder of the Pamela Jeffery Group, which recruits women for seats on private sector boards, said companies find a whole new perspective they have been missing when they broaden their search.

"They are not part of the traditional network, so they are probably coming onto a board and don't know the others at the table," she said. "They come in and they ask the tough questions."

As Metro has reported this

ABOUT THIS SERIES

THIS WEEK Metro looked at the Crown corporations that the federal government oversees, which **our analysis shows are overwhelmingly male.**

Many of these Crown corporations have huge influence on the lives of Canadians, from the interest rates they pay banks, to mail delivery to airport security.

week, Canada's Crown corporations, whose board of directors are appointed by the federal cabinet, reveal that about 34 per cent of those seats are now occupied by women.

Jeffery said that's actually a much better representation than is typical on private sector boards.

She points to a survey last year from the Canadian Board Diversity Council that showed



Pamela Jeffery, who specializes in finding qualified women for seats on private sector boards, says there are many women who have the skills, experience and credentials necessary to serve at the top levels of corporations. EDUARDO LIMA/METRO

about 19.5 per cent of the seats on the boards of the FP 500 are held by women.

"That is a very strong showing and I think it's one that is very important," she said. "The private sector is looking to government to take a leadership role."

“**They come in and they ask the tough questions.**”

Pamela Jeffery, on recruiting female executives

Jeffery said there is a wide array of women able to serve on boards when companies decide to make a deliberate effort to diversify.

"It's not a question of supply — it is a question of demand," she said.

"There are many women

who have the skills, the experience, the credentials to serve on boards who are not currently serving on boards."

Gail St. Germain, head of human resources and an executive vice-president with HSBC Canada, said the company believes its gender-neutral board is a tremendous asset.

"We know that diversity in business makes good business," she said. "It's important to represent the communities in which we serve."

The company's current president and CEO, Sandra Stuart, was a board member in 2010. St. Germain said at that time the board was 20 per cent women, but it has changed dramatically over the years.

St. Germain said diverse board members bring different ideas to the table and that helps expand the conversation.

"The diversity of thought and the depth of conversation really takes an outcome to a much more positive and balanced approach," she said.

Jeffery said an organization that wants to make change, in-

cluding a Crown corporation, has to be willing to look further afield for board members.

She said simply asking for recommendations from the existing board won't work.

"Most board members are male and since most of those board members do not have strong networks that include women it self perpetuates."

WHAT YOU CAN DO



The federal cabinet appoints new directors to Crown corporation boards when positions open up. You can advocate for more diversity by contacting your MP and with the hashtag **#WomenOnBoards.**

say **yes** to happier holidays.



loans from **\$500-\$15,000.¹**

we say yes when they say no.

come in and get a free credit health check, for a limited time only.²

visit us at one of our local branches

8-2230 McPhillips St
Winnipeg, MB
R2V 3C8
204.779.6896

1594 St Mary's Rd
Winnipeg, MB
R2M 3W4
204.515.3791

100-912 Portage Ave
Winnipeg, MB
R3G 0P5
204.632.6040

1A-1565 Regent Ave W
Winnipeg, MB
R2C 3B3
204.515.4011

39 Marion St
Winnipeg, MB
R2H 0S8
204.231.0955

E-1155 Main St
Winnipeg, MB
R2W 3S4
204.515.4013

Rivergrove Shopping Centre
3-2579 Main St
Winnipeg, MB
R2V 4W3
204.515.6435

let's talk
easyfinancial.com



easyfinancial
goeasy

[1] The amount of your loan will depend on our assessment of your credit profile. Ask branch for details. [2] Free credit health checks run for a limited time only. Customers must sign a consent form to pull credit bureau. Some restrictions may apply.

Obama makes plea on final official trip

POLITICS

President urges the world never to give in to isolationism

Standing in democracy's birthplace, President Barack Obama on Wednesday issued a parting plea to world leaders not to let the fear of globalization tugging at Europe and the U.S. pull them away from their core democratic values. He argued it wasn't too late for a course correction.

On his last foreign trip as president, Obama has repeatedly tried to draw lessons from Donald Trump's victory in the U.S. presidential election, hoping it can serve as wakeup call in the U.S. and abroad. Conceding that many feel left behind by globalization, Obama said there was an understandable impulse toward isolationism and that if people feel their futures are at



President Barack Obama walks from the Parthenon during a tour of the Acropolis on Wednesday in Athens. THE ASSOCIATED PRESS

risk, "they'll push back."

"People have to know that they're being heard," Obama said in a speech to the Greek people in Athens. But, he added, "We can't look backward for answers. We have to look forward."

While fewer people in the U.S. are looking to Obama for direction now that his successor has been chosen and his agenda largely rebuked, Obama has retained significant clout abroad.

THE ASSOCIATED PRESS

+ HONOURS

Obama plans to honour 21 people with the nation's highest civilian honour, the Presidential Medal of Freedom, on Tuesday.

- Robert DeNiro
- Cicely Tyson
- Tom Hanks
- Robert Redford
- Kareem Abdul-Jabbar
- Michael Jordan
- Vin Scully
- Ellen DeGeneres
- Diana Ross
- Bruce Springsteen
- Bill and Melinda Gates
- Richard Garwin
- Frank Gehry
- Maya Lin
- Lorne Michaels
- Newt Minow
- Margaret H. Hamilton
- Eduardo Padron
- Elouise Cobell
- Grace Hopper



Left: Tom Hanks urged calm about a Trump presidency. Right: Midwestern State University students march in protest of Trump. THE ASSOCIATED PRESS

Donald Digest A roundup of news about the president-elect

It's all smooth sailing

Trump and his team on Wednesday vigorously rejected charges of turmoil and infighting roiling efforts to set up his White House teams, saying the enormous endeavour was proceeding "so smoothly." AP

The gold standard

A backlash is brewing against Trump's daughter Ivanka because a \$10,800 accessory her fashion company makes was turned into marketing fodder a day after she sported a version of the piece on



60 Minutes. TORSTAR

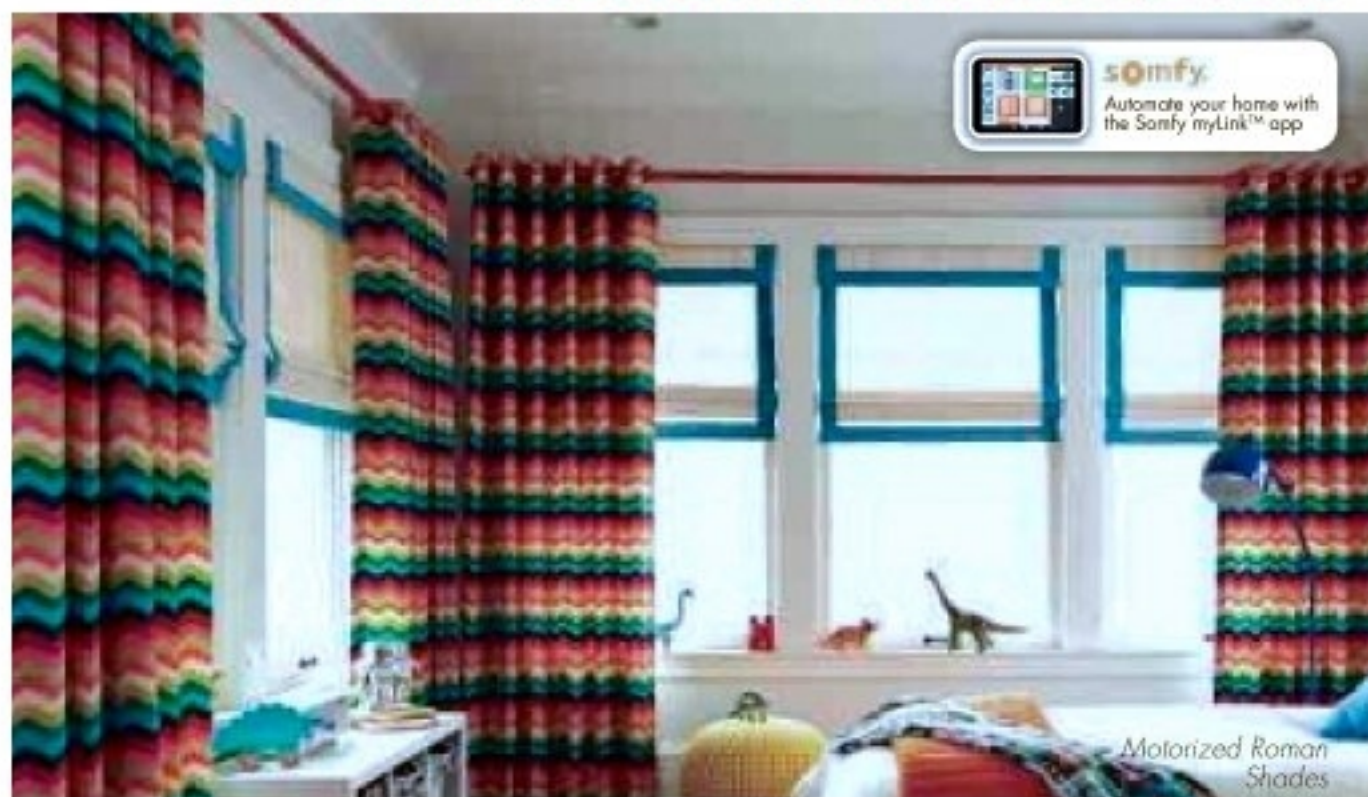
Hanks a lot, Tom

During an acceptance speech for a tribute to his career on Tuesday, Tom Hanks offered a simple post-election message: "We are going to be all right," he said. "America has been in worse places than we are at right now." TORSTAR

Students still riled up

College students at campuses around the U.S. rallied Wednesday, urging administrators to protect students and employees against immigration action under a Trump presidency. AP

NOW YOU HAVE A SPECIAL APP-TITUDE FOR BEAUTY
SAVE DURING OUR MOTORIZATION EVENT



GET A REBATE UP TO \$500 WHEN YOU PURCHASE
MOTORIZED WINDOW COVERINGS
POWERED BY SOMFY®!

Schedule your FREE Consultation today!
866-514-4741 // Motorize2016.com

**Budget
Blinds**

Canada's #1 Choice for Window Coverings

In-Home Consultation Expert Measuring Professional Installation The Strongest Warranty

* Applies to selected Signature Series® window treatments by Budget Blinds®. Purchase of \$1,000 or more qualify for a rebate of \$100, purchase of \$2,500 or more qualify for a rebate of \$250, and purchase of \$5,000 or more qualify for a rebate of \$500. Some restrictions may apply. Ask for details. Not valid with any other offers, discounts, or coupons. Valid for a limited time only. Offer good on initial time of estimate only. At participating franchisees only. ©2016 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and a Home Franchise Concepts brand. Each franchise independently owned and operated. Franchise opportunities available.

Everyone has a role to play.

It takes the whole team to defeat workplace hazards.
Find resources at safemanitoba.com



CHANTAL HÉBERT ON FOREIGN POLICY IN THE TRUMP ERA



The questions raised by the imminent changing of the guard at the White House go well beyond whether governments such as Trudeau's can find common ground with conservatives

One can run but not hide from the aftershocks of Donald Trump's presidential victory.

Prime Minister Justin Trudeau is finding that out first hand this week as his first trip outside Canada since the American election turns into a damage-assessment mission.

It is a testimony to the magnitude of the shift in the tectonic plates brought about by the U.S. outcome that there is not an international forum and precious few of the world's capitals that is not scrambling to pick up the post-election pieces.

The questions raised by the imminent changing of the guard at the White House go well beyond the narrow scope of whether progressive governments such as Trudeau's can find productive common ground with a conservative president.

Cuba was the first stop on the PM's itinerary this week. Until the U.S. vote, the prime minister might have expected to find some lingering buzz from President Barack Obama's historical visit to the island last spring. It was part of a thaw in the relationship between Cuba and the U.S.

But in Havana, excitement has given way to trepidation. Uncertainty as to whether Trump will follow up on his predecessor's overtures has replaced momentum. On the campaign trail, the president-elect blasted Obama's visit to

Cuba.

Later this week Trudeau will land in Peru for the annual Asia-Pacific Economic Policy (APEC) summit. The organization's 12 member countries recently negotiated the Trans-

in the White House will not diminish the political will to act in concert on climate change. Time will tell whether they are whistling past the graveyard.

A pivotal part of the infra-



WHEN IT HITS YOU THAT EVERYTHING'S CHANGED Cuban President Raul Castro and Prime Minister Justin Trudeau listen to a lecture at the Havana University on Wednesday. GETTY IMAGES

Pacific Partnership. But the American election has sapped the impetus for the ratification of the massive free-trade agreement. Last week, president Obama formally abandoned plans to submit the deal to Congress for ratification before the end of his term in January. Trump wants no part of the TPP.

The president-elect's shadow loomed large over this week's international climate-change summit (COP22) in Morocco. In theory, its participants had good reasons to celebrate. Propelled by international support, the global climate agreement struck in Paris last year has come into effect years earlier than expected.

The accord's signatories — including Canada — argue that the changing of the guard

structure of the Paris accord was an alliance between China and the U.S. They jointly agreed to a reduction in their carbon emissions. But Trump is not expected to hold the American side of the bargain.

On the heels of the U.S. election, Trudeau reaffirmed Canada's intention to lead a military deployment in Latvia as part of NATO's latest strategy to deter Russia. In Moscow, Trump's victory has been interpreted as an encouraging sign that could lead to NATO being forced to reconsider the deployment.

A bit more than a week after Trump's victory, it has already become conventional wisdom that his installation in the White House will at least complicate if not derail Trudeau's Liberal agenda. There is truth in that.

But more than a few policy tenets close to the heart of past Conservative governments are equally on the line. Think of NAFTA — the brainchild of Brian Mulroney's Tory governments — but also of the moribund TPP. It was negotiated on the watch of the previous federal government. The final deal was arrived at in the heat of the last federal campaign.

Under Stephen Harper, Canada took credit for playing host to the secret meetings that led to the U.S.-Cuba rapprochement.

The Conservatives set the climate-change targets that Trudeau is seeking to achieve as part of the obligations Canada contracted under the Paris agreement.

One of the distinguishing features of Harper's foreign-policy doctrine was his strong stance against Vladimir Putin's military goals. Trudeau's Latvia deployment fits into that doctrine, as does the ratification by the Liberals of the Canada-Ukraine free trade agreement initially negotiated under the Conservatives.

And then, what would Harper — as a staunch champion of Israel — have made of the anti-Semitic undertones of some of the rhetoric of Trump's campaign?

On Wednesday, interim Conservative leader Rona Ambrose offered her caucus a few positive thoughts about Trump's victory. But when all is said and done, the president-elect poses a greater threat to Harper's trade- and foreign-policy legacy than Trudeau ever did.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.

VICKY MOCHAMA

When the right wing BLASTS COOL R&B, we owe it to them to listen

The most compelling event in politics right now isn't happening inside Trump Tower. It's the Conservative Party's leadership race.

Of course, the prime minister is still doing cool, young stuff like a fall reading-week trip to Cuba and begging for foreign-investment dollars.

But, more rivetingly, the Opposition is figuring out who among a wide field of relative unknowns should lead them.

There are 12 candidates, i.e., enough players for a Canadian football team. The field is a who's-who of people one might remember and people who have Wikipedia pages. There are so many contenders that I came up with a mnemonic: BLASTS COOL R&B (Bernier, Lindsay, Alexander, Saxton, Trost, Scheer, Chong, Obhrai, O'Toole, Leitch, Raitt & Blaney).

Just because it's not about famous names that doesn't mean it should be underrated. This is the first chance to truly hear vision and ideas from Conservatives who were swept under by the decade-plus of Harper's leadership.

At last week's debate in Saskatoon, each candidate's 40-second speaking limit meant that they could only say a sentence or two on topics like immigration and free trade, so it often sounded more like a fast-paced brainstorming session than an argument. But there is genuine disagreement. At a Sunday event in Greely, Ont., Michael Chong was booed for suggesting that climate change is real, while Brad Trost was applauded after

saying, "I don't believe climate change is a real threat."

Still, were it not for one element, the race would seem like a student-government election at a fancy prep school: well funded and appropriately aggressive, with all in agreement that the current headmaster is not for them. But the spectre of global populism hangs over the race.

The clear populist candidate is Kellie Leitch, a trained orthopaedic surgeon who rails against "elites." Her campaign blamed a possible break-in at her house on "the left." Most notoriously, she has proposed a Canadian-values test for immigrants and vowed to bring Donald Trump-style politics to Canada. Leitch lacks Trump's presentational verve, but she may have her finger on the pulse. Some Liberals, fearing the worst, are registering with the Conservative party to vote for anyone but her.

In 2004, following the Canadian Alliance's merger with the Progressive Conservatives, the new Conservative party had only three contenders for leader: future Instagram star Tony Clement, noted floor-crosser Belinda Stronach and Master of the Dark Arts himself, Stephen Harper.

Before you tweet me, I mean to compliment Steve for having united Canada's heterogeneous right-of-centre movement and convinced it to speak with a single voice (his). But the other voices didn't disappear. And now, out of Harper's shadow, 12 visions are coming from a party that used to provide only one.

It has already become conventional wisdom that Trump's win could derail Trudeau's Liberal agenda. There is truth in that.

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT,
REGIONAL SALES
Steve Shroat

MANAGING EDITOR WINNIPEG
Lucy Scholey

ADVERTISER INQUIRIES
adinforwinipeg@metronews.ca
General phone 204-943-9300

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

DO YOU WISH TO
RISE? BEGIN BY
DESCENDING.

Philosopher cat now at
www.mymetrostore.ca

Lingerie that's not about sex

INTERVIEW

Reframing the conversation from a French point of view

Amber Shortt
For Metro Canada



When Toronto's Kathryn Kemp-Griffin went to buy her first bra, the message from lingerie ads was clear: wear this, get laid.

"I remember growing up thinking it was all about purpose," says the author, who now also runs lingerie-themed tours of Paris. "What do I put on if I don't want to get laid? I don't really know what that means at 13."

She found in North America the conversation circled further around function: lift this, slim that, two-for-one deals, back fat. Comfort was an excuse for a lack of aesthetics, she says.

But after moving to Paris with her husband in 1990 — in a frayed pair of Jockeys — she started to believe lingerie could be something more.

"There's a difference in language when the French were talking about lingerie versus when North Americans were talking about lingerie," says Kemp-Griffin, who was in Toronto recently to promote her new book, *Paris Undressed: The Secrets of French Lingerie*.



Friends Lena Dunham and Jemima Kirke appeared in an untouched-up ad campaign for Lonely. In *Paris Undressed*, author Kathryn Kemp-Griffin says lingerie should be about activating the senses, not fixing perceived flaws. ZARA MIRKIN & HARRY WERE / COURTESY OF LONELY

In the book, Kemp-Griffin essentially offers a mindfulness guide to wearing lingerie the French way. She tells readers how to take a Marie Kondo-like approach to their underwear drawer (though Step 1 is to call it lingerie, not underwear). Toss wince-inducing pieces, she instructs. Then, buy a flower in your favourite colour, and a bra to match. "Notice that there are no flowers in beige!" she writes.

Throughout the book, she explains the history of lingerie — highlighting the lost one-on-one conversations with seamstresses to mass marketing and standardized sizing — and asks readers to more closely consider fabrics, such as the feel of silk and the detailed construction of lace.

The idea is lingerie should be about activating the senses, not fixing perceived flaws, she says.

"When you watch all the designers ... they're always slipping their hands underneath. That's where you see the opacity, that's where you see the light, that's where you see the transparency, that's where you see how the fabric plays with the skin, and you see the skin as the composition," says Kemp-Griffin. "By the time the product gets made and marketing gets slammed on, all the different slogans,

GARTER BELTS

Ideal fit for wintertime

Kathryn Kemp-Griffin may be able to convince the North American woman to get rid of beige T-shirt bras, but can she convince her to try a garter belt?

"I think I can get her to try them on," she says, noting cold Canadian winters may be the ideal climate.

Kemp-Griffin, who recommends donning the more secure six-strap, rather than the pin-up-y four, says they can be handy under a pair of jeans when you're also bundled in a parka.

"It's nice not to have all those different layers above," she says.

AMBER SHORTT/FOR METRO

anxieties behind, she says.

"We can not get away from our own individual upbringing, our religion, what mom said, what our sister said, what a good boyfriend said, what a rotten boyfriend said," she says. "It all gets wrapped into this poor little bra."

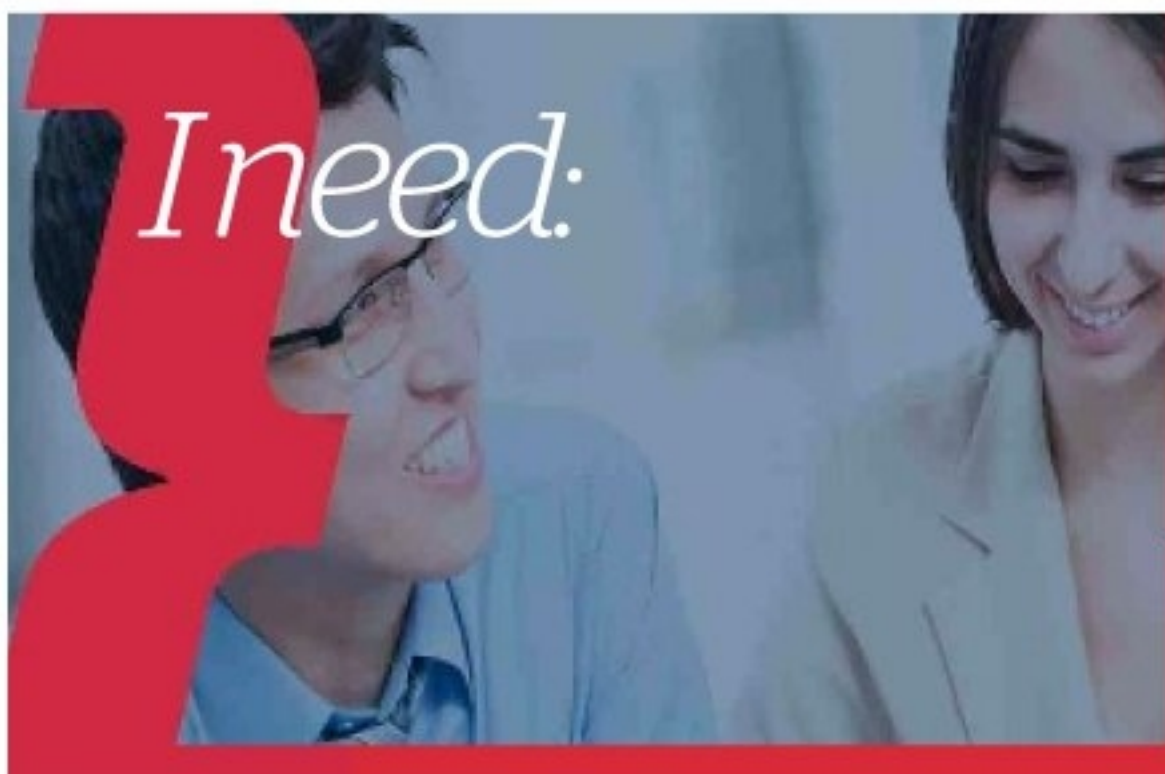
She sees it in the women who come on her lingerie tours: At Le Bon Marche department store, when the women are trying on lingerie, she says she often has to tell them to turn around and face the mirror instead of facing her, waiting for her opinion.

"Sexy, seduction, sexuality, sensuality: there's all these words we sort of know the dictionary definition of, but nobody ever asked what they mean to us."

And though those words come up plenty in the book, with bonus erotica recommendations and instructions for making your own tassels, one thing is noticeably absent: a sexual partner.

"I wrote (the book) for women, I wrote it for any women who have had any inkling that there's more to it than that," says Kemp-Griffin.

And in a year that saw women embracing a bra-free movement, plus-size model Ashley Graham walking the runway in her own lingerie collection, and Lena Dunham being featured in an untouched-up Lonely Label ad campaign, it seems women in North America are ready to reframe the conversation around lingerie as well.



**Up-to-date skills to gain
a competitive edge in
the fast-changing world
of business**

New at Robertson College:
Business Administration Diploma
Contact us now to learn more.

**ROBERTSON
COLLEGE**

robertsoncollege.com
204.943.5661

*Programs in Health Care,
Business & IT*



Napflix describes itself as 'a video platform where you can find the most sleepy content selection.' SCREENSHOT/ISTOCK

STREAMING

Bored yet? Napflix aims to make you sleep faster

Love TV? Have trouble sleeping?

Perhaps you should check out Napflix.com, a collection of intentionally soothing/boring films and videos culled from YouTube.

The free service is the work of two advertising workers from Spain, the home of the siesta.

Napflix describes itself on its site as "a video platform where you can find the most silent and sleepy content selection to relax your brain and easily fall asleep."

The zzz-inducing fare includes chickens on a rotisserie at Swiss Chalet, sheep (circa 1954), rain on a window, candles burning and real-time chess.

For Canadian content, there's men's curling, although that has been blocked out for Canada. Surprisingly, there are no debates on the the Canadian Senate's future.

Some of the Napflix offerings are clearly parodies, like one on forgotten stamps. Others are unintentionally pulse stopping, like a BBC documentary on the life of pandas or another BBC effort on Einstein for the masses.

A few are probably thrill inducing to a few folks at Mensa while they'd make the rest of us drop from boredom. They include a documentary on quantum theory and a masterclass lecture on Klingon grammar.

TORSTAR NEWS SERVICE

Unfiltered beauty talk

INTERVIEW

Products that have changed the game

Sali Hughes knows there is more to beauty than a million Instagrammers trying to look like Kim Kardashian.

As the Guardian newspaper's beauty columnist and author of the website salihughesbeauty.com, Hughes, 41, is known for her discerning taste, down-to-earth approach to beauty and for her unfiltered straight-talk.

Here, the U.K.-based author chats about her new book, *Pretty Iconic*, (\$34.99, Fourth Estate).

How did you decide what went in the book?

A product either had to have changed the beauty industry, or changed women's lives. Or changed my life, personally.

What makes a product iconic?

If you look at something like Chanel No 5, even people who have no interest in beauty still know that that is Chanel No. 5. Other things are iconic because they absolutely changed the course of beauty.

Some people see beauty products as frivolous. Why does a book like this matter?

Beauty products are the tools that help us project what we want to the world. That's a really intimate and powerful thing.

What's an overrated trend you're seeing right now?

I could live without seeing



Sali Hughes is the author of *Pretty Iconic*, a book about beauty products that changed lives. BERNARD WEIL/TORSTAR NEWS SERVICE

more contouring. I feel a little bit sad that young women feel they have to change the shape of their heads. It's too much. I would like people to embrace their differences instead of all trying to look like Kim Kardashian. That's like saying only one kind of flower is beautiful. All of Instagram can't be that sharp brow and contouring. It's boring. Also, it looks like s-t close up.

Say there's a young woman looking to invest in makeup products, where would you

recommend she start?

If you are on a budget ... spend on foundation and perfume.

When did you figure out what products worked for you?

I was born with a skin condition called Ichthyosis and it makes your skin dry and scaly. I was really bullied at school. I became obsessed with figuring out ways I could make it better. The dermatologist would prescribe this really thick medicinal cream. I would mix salt in with

creams and make scrubs. The dermatologists discharged me at 11 years old because they couldn't believe the improvement.

Did that skin condition influence where you are today?

It changed my life. My mum left when I was a baby so ... I was in a completely male household. Probably I would have always craved the feminine stuff — I would have always loved makeup — but I think the Ichthyosis made my obsession a 360 degree one.

TORSTAR NEWS SERVICE

SUITES FOR LEASE

#60-70 Whellams Lane

1 Bed plus den \$1150
Heat, hydro & water included.
Underground parking.
Complimentary shuttle service.

Contact 204-339-9286

2 & 3 Bedrooms also available



Edgewood Estates

60 Whellams Lane

Office Hours: Monday-Friday 8:30AM-4:30PM



JOHANNA SCHNELLER
WHAT I'M WATCHING

Shelf life on high school drama

THE SHOW: *This Is High School*, Season 1, Episode 6
THE MOMENT: The post-election wrap-up

In this doc series, we are now in the last days of senior year at South Kamloops Secondary School.

This week, the 50 cameras mounted around the building are focused on Anthony and Jared, two clearly bright, socially awkward best friends, both vying to be valedictorian against a handful of more popular kids.

"I'm a fan of musical theatre and I always like things to finish with a bang," explains Jared, the more ironic one.

"Vigorous jazz hands," says Anthony, the sincerer one. They crack up.

Neither wins (a cool dude does). Anthony's disappointed. "You get all this good feedback, but it feels wasted," he says.

He hoped that being valedictorian would make him feel like he played a tangible part in high school life.

"Let's be honest," Jared consoles him. "You won't ever look back on high school life. You'll just take off and keep going."

Ah, Jared, you are wise beyond your years. This series is as earnest as Anthony. It finds individual dramas and creates mini-arcs: Will the aboriginal girl with a complicated home life get the 73 in English she needs to pursue her dream at university? Will casting the shy new boy in Macbeth help him come out of his shell?

But the underlying truth is, everything that happens in high school is dramatic to the kids, but only some of it matters. Most of the drama fades like a grad photo in the sun. This series would be richer if it acknowledged that more.

This Is High School aired on CBC. Past episodes can be streamed at <http://watch.cbc>.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Refugee tragedy told through child's eyes

HISTORICAL NOVEL

Story of 1939 St. Louis liner compares to today's crises

Sue Carter
For Metro Canada



Armando Lucas Correa was only about 10 years old when his grandmother first told him about the St. Louis, a transatlantic luxury liner that, in May 1939, carried 937 passengers, mostly Jewish refugees, to safety in Havana.

Correa's grandmother — the child of Spanish immigrants — was pregnant with his mother at the time, when the Cuban government, which had guaranteed a safe home to the travellers, broke its promise and only allowed 28 refugees to remain on the island, despite the fact that each had paid a \$150 fee to disembark.

The ship captain desperately tried to find a new port to land, but both Canada and the U.S. turned the group away, and hundreds were ultimately forced to return to Germany to their ultimate deaths.

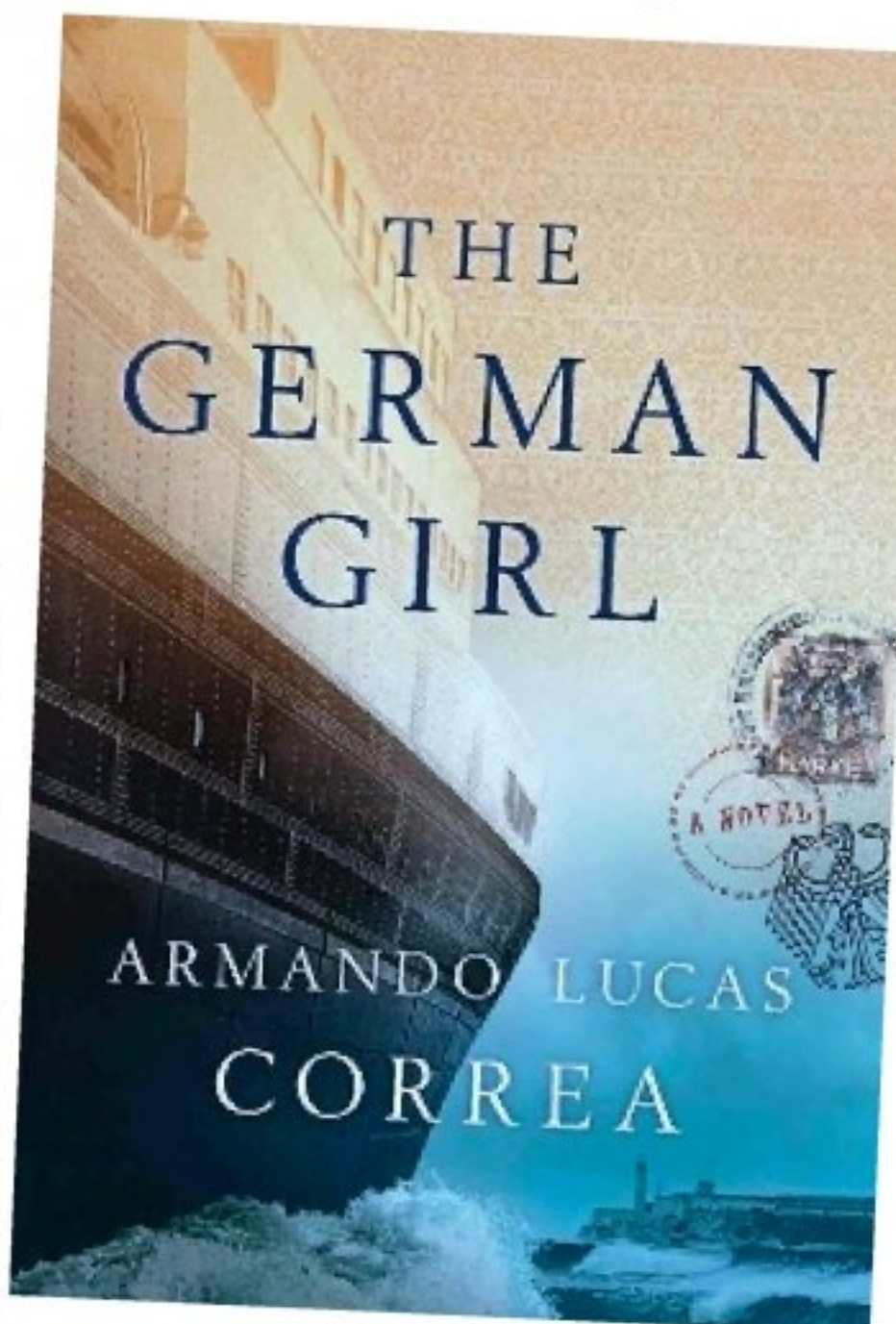
"I think it hit her very hard when the Cuban government denied them entrance," says Correa, who is the New York-based editor of *People en Español*. "She would say that Cuba would pay for the next 100 years for what they did to the refugees."

The story continued to haunt Correa as well, and served as inspiration for his debut historical novel, *The German Girl*, about a family separated by the event and its lingering impact on future generations.

"When I was writing the book I was thinking about myself, the father of three children," he says. "If I was in the same situation, I wouldn't know what to do or how to survive. I think this is a lesson for everybody."

The *German Girl* is told from the perspective of Hannah Rosenthal, an energetic, curious 11-year-old who flees her home in Berlin, accompanied by her parents and her best friend, Leo, and his family. It's six months after Kristallnacht, or the "night of falling glass," when violent riots instigated by the Nazis broke out in the city, and many Jewish businesses and synagogues were burned down.

The story spans 70 years to a future tragedy, when Hannah meets her great-niece, Anna Rosen, whose father disappeared on 9/11.



“Humans — as part of our DNA — we reject and we're afraid of 'the other.' People with another skin colour; people who have another god, or have other beliefs.”

Author Armando Lucas Correa

Hannah's voice came to Correa via his daughter Emma, who is the same age as his young protagonist. He hopes the authenticity will connect with empathetic readers. "This is a tragedy; 937 refugees were denied entrance," he says. "But I wanted to talk about Hannah Rosenthal. I wanted to get in her head. She is a human being; I didn't want to talk about the numbers."

Correa also observed that the story has a disturbing similarity to reactions and responses to current refugee crises, such as the millions of displaced Syrians seeking asylum around the world. "The tragedy of the St. Louis, you can see it today," he says. "The reason is that humans — as part of our DNA — we reject and we're afraid of 'the other.' People with another skin colour; people who have another god, or have other beliefs. We

have to fight against that."

Although he was more concerned with developing a relatable protagonist, Correa backed up his narrative with plenty of factual research, digging through books and thousands of pages of archival materials at the Holocaust Memorial Museum in Washington, D.C.

He also included the ship's manifesto at the back of *The German Girl*, documenting the 937 passenger names. One of those on the list is Ana María Gordon, a Toronto-based 81-year-old survivor of the St. Louis, who shared her personal memories and thoughts with Correa. "Ana María is a strong woman," he says. "She said, 'We can forgive but never forget.' This is the main lesson."

Sue Carter is the editor at Quill & Quire magazine.

BOOK BRIEF

Prominent writers sign letter demanding probe of UBC firing

Joseph Boyden and Yann Martel are among the prominent Canadian authors who have signed an open letter demanding an external investigation of how the University of British Columbia handled allegations against Steven Galloway.

The acclaimed writer was fired in June under a veil of secrecy from his position as head of the creative writing department. The university hired a former judge to conduct a months-long investigation into "serious allegations," but it has never revealed the allegations or the findings of her report.

Boyden's publisher confirmed the author spearheaded a group effort to write and circulate the letter. Margaret Atwood, Madeleine Thien, Lisa Moore, Miriam Toews and Vincent Lam are among dozens of well-known signees, though they could not be reached to verify their support.

THE CANADIAN PRESS

GRAPHIC NOVEL

Documenting an icon of Can-comics

Seth's Dominion

By: Luc Chamberland (director of documentary); Seth (creator of comics)

Publisher: Drawn and Quarterly \$22.95; 41 minutes and 80 pages

Mike Donachie
Metro | Canada

This one is cheating, because it's not really a comic book, except that it is.

Seth's *Dominion* is the documentary portrait of Seth, Canada's sartorial savant of comic books and so much more. Like him, it is fabulous.

Chamberland and the National Film Board of Canada created a charming biography of the Guelph, Ont. artist in 2014. It's full of interviews, animation, extras, insights into his technique, mindset and unrelenting creativity, and painful honesty about his experiences.

But this is Seth, the man who couldn't just set a comic book in the fictional city

of *Dominion*; he had to make dozens of model buildings, too. So this new DVD release comes in a beautiful hardback book that's reversible.

One side features sketches and extracts from Seth's wonderful comic books, including *Wimbledon Green*, and *It's A Good Life, If You Don't Weaken*. Flip the book over and there's a photo essay of Seth's life.

And in a little pocket is the DVD. It's just delightful.



Hill Top Research Inc.

is looking for:
WOMEN 18-65
WITH DRY SKIN ON LOWER LEGS
testing:
CLEANSERS
28 visits
\$500 upon completion
Contact Us!
204.480.7426



MEET THE CONDO

ELLIOT PARK



Red brick, cedar and stucco finishes

CONTRIBUTED

Project overview

Spread over five acres overlooking a pond and pathways in South Pointe, Elliot Park consists of 90 affordable luxury townhomes with high curb appeal thanks to red brick, cedar and stucco exterior finishes.

Housing amenities

All units feature stainless-steel appliances, full basements and either a deck, covered patio or balcony. Concrete driveways have room for two vehicles; most plans also include an attached, insulated garage.

Location and transit

Just a block away from the Kenaston extension, residents at Elliot Park will enjoy quick access to Route 90 and the Perimeter. An adjacent bike trail connects to the entire Waverley West area.

In the neighbourhood

This brand new community is growing quickly with a grocery store, Tim Hortons and other services opening soon in nearby Bridgwater Centre, and an elementary school under construction. Bombers games and concerts at Investors Group Field are also close.

+ NEED TO KNOW

Builder: Hillside Construction
Designer: Wynnward Developments
Location: 340 John Angus — South Pointe
Building: 15 two-storey townhome buildings (90 homes)
Sizes: 1,125 square feet to 1,406 square feet plus

basement
Pricing: Starting at \$259,500 + net GST
Model: Eight plans to choose from
Status: Under construction
Occupancy: January/February 2017
Phone: 204-250-1313
Website: elliotpark.ca

TRENDS

Furry, fuzzy and fluffy holiday decor with a soft touch



Target's tabletop tree dressed in strands of yarn
HANDOUT

This season, faux furs, wools and other softly textured materials are giving holiday decor a cozy, festive feel.

The trend was prominent at this fall's Maison et Objet trade show in Paris. Booths were populated with winsome, appliqued, felt people and animals. Glamorous, jewel-toned feather trees dressed up tabletops. There were furry pillows printed with wildlife photos or embellished with metallic threads, sequins and pearls.

"That natural, organic, home-spun feeling was all over the runways and it's trending at home, too," says New York designer Elaine Griffin.

"For holiday, it manifests as an emphasis on bringing the outdoors in — think stylish, simple-chic arrangements of branches, leaves, berries, pine cones and moss — coupled with cozy, textured, wintry textiles like felt, faux fur and chenille."

There's a lot of versatility in these materials because faux fur, brushed wool, hides, and even velvet or feathers can say "winter cabin" as easily as "luxury suite." It's all in how you incorporate other style elements.

Emily Henderson, host of HGTV's "Secrets from a Stylist" and a Target home-style expert,

is also a fan.

"Yarn and wovens are two of my favourites — they make a space feel extra warm and welcoming, which is what the holidays are all about," she says.

Little cone trees wrapped in cream-colored yarn, from Target's Threshold holiday collection, make a cozy tablescapes. Here too are felted wool deer, bears and snowmen ready to create an arboreal winter woodland. A photo-printed stag on a soft, velvety throw pillow makes for a welcoming accessory. Restoration Hardware's felt stocking garland is a different take on the advent

calendar. And there are plushy gift bags and stockings in faux mink, coyote or wolf fur.

At Z Gallerie, long-haired faux fur runners, tree skirts and wine bags come in cream or grey. Frontgate has Christmas stockings crafted of sumptuous coral or burgundy velvet and Grandin Road has a collection of hooked wool pillows with whimsical images of moose, cardinals, foxes and various canines sporting holiday garb.

A faux fur throw that looks like pheasant feathers could be repurposed as a glamorous tree skirt.

Or get creative with five feet of chocolate-brown faux fur trim,

from New Orleans-based ribbon designer Donna Stevens. It could edge a mirror, wrap a gift or garland a tree, perhaps.

Children and nature lovers might enjoy Pier 1's whimsical stockings embroidered with owls or squirrels and embellished with a faux fur collar, wing and tail. Red and white felt snowflakes come in garland or placemat form.

Another nice thing about this trend is that it isn't limited to Christmas; if you're celebrating Hanukkah, you can easily incorporate some blues and silvers. THE ASSOCIATED PRESS

O'Shea mum on future

CFL

Head coach's contract about to expire

Mike O'Shea didn't want to talk about his future with the Winnipeg Blue Bombers.

The head coach's three-year contract with the CFL team is set to expire, and though his overall record in Winnipeg is 23-31 the Bombers are coming off their best season in years.

"I like what we started, but I'm not prepared to discuss my contract and future with anybody but (general manager) Kyle (Walters)," O'Shea said Wednesday at a press conference.

He didn't know how soon those talks would start as he was still doing evaluations and meeting with every player before they left for their homes.

The Bombers posted an 11-7 record this season, the first time they've had that many wins since 2003.

It was a mark that also sent them to the playoffs for the first time since 2011, although it ended with a 32-31 loss to the B.C. Lions in last Sunday's West Division semifinal.

While he didn't want to talk about his future, O'Shea, 46, did answer more questions about the recent past, particularly his final call of the season.

After leading throughout the entire game, the Bombers found themselves behind with 36 seconds left. In a third-down situation with four yards to go,



Mike O'Shea led the Blue Bombers to the playoffs this season for the first time since 2011. JOHN WOODS/THE CANADIAN PRESS

"I'm not prepared to discuss my contract and future with anybody but Kyle."

O'Shea sent kicker Justin Medlock out to attempt a 61-yard field goal.

With no wind at his back in the BC Place dome, Medlock, who had booted a career-long, team-tying record 58-yarder at home this season, saw his kick fall seven yards short of the end zone.

O'Shea said he didn't consult with anyone such as offensive co-ordinator Paul LaPolice about the call.

42.59

The Bombers' winning percentage with O'Shea as head coach.

"It's got to be my thing," he said. "I don't think it's fair to put that on anyone else."

He's thought about it "multiple times," but has checked

the process he followed and believes he did the right things to arrive at the decision.

"Justin Medlock is the best kicker all-time in the CFL," O'Shea said.

"We all watch him every single day," he added. "That decision is not based on hope. It's based on the history we have with Justin, which says he makes those kicks in practice every single week."

Medlock, who set a CFL re-

cord with 60 successful field goals out of 68 attempts, had told O'Shea he was ready to go for it. After the game, Medlock admitted it was the first time he'd used a tee and he should have practised with it more and booted more long shots.

Only one kicker in CFL history has connected from more than 60 yards, a 62-yard field goal by the Lions' Paul McCullum in 2001 at then-Taylor Field in Regina. THE CANADIAN PRESS

NHL IN BRIEF

Injured Stamkos out indefinitely for Lightning

Tampa Bay Lightning forward Steven Stamkos will be out of the lineup indefinitely due to a right knee injury, the team said Wednesday.

General manager Steve Yzerman said Stamkos suffered a lateral meniscus tear in his right knee in Tuesday night's game against the Detroit Red Wings. Stamkos has 20 points (9-11) in 17 games this season. THE CANADIAN PRESS

Flames' Gaudreau to have surgery on fractured finger

Calgary Flames forward Johnny Gaudreau was scheduled to undergo surgery Wednesday to repair a fractured finger.

Gaudreau suffered the injury in Tuesday's 1-0 win over Minnesota. A timeline for his return will be provided in the days ahead.

"It's his finger so it can be four (weeks), it can be six, you don't know," Flames coach Glen Gulutzan said.

THE CANADIAN PRESS

New Jersey Devils' Hall undergoes knee surgery

New Jersey Devils left-winger Taylor Hall has had surgery on his left knee.

The Devils announced Wednesday that Hall had a torn meniscus repaired in the procedure performed by team physician Dr. Michael Shindle and Dr. Jonathan Glashow, the club's chief medical officer. He will be sidelined up to a month. THE ASSOCIATED PRESS

CFL

Eskimos add more backup for Reilly

The Edmonton Eskimos signed quarterback Thomas DeMarco on Wednesday, prompting questions regarding the health of starter Mike Reilly.

Reilly suffered an upper-body injury late in Edmonton's 24-21 East Division semifinal win over the Hamilton Tiger-Cats on Sunday. After the game, Reilly said there'd be no doubt he'd play in the division final this weekend in Ottawa.

DeMarco opened the season with Edmonton and would



Mike Reilly
GETTY IMAGES FILE

spent two seasons with the club before being selected by Ottawa in the 2013 CFL expansion draft.

THE CANADIAN PRESS

join QBs James Franklin and Jordan Lynch on the roster Sunday should Reilly be unable to play.

DeMarco began his CFL career in 2012 with B.C. and

IN BRIEF

Jays broadcaster Howarth being treated for cancer

Longtime Toronto Blue Jays broadcaster Jerry Howarth is being treated for prostate cancer and is scheduled to undergo surgery next week to have a tumour removed.

He's supporting a study led by Dr. Robert Nam at Sunnybrook Hospital's Odette Cancer Centre to determine whether MRI scans are more effective at catching cancer than prostate-specific antigen tests. THE CANADIAN PRESS

Ex-UFC champ Machida banned for doping violation

Former UFC light heavyweight champion Lyoto Machida has received an 18-month suspension for failing a doping test. The U.S. Anti-Doping Agency announced the suspension Wednesday.

USADA says Machida, 38, failed an out-of-competition test in April for a prohibited anabolic agent. Machida acknowledged using the substance but didn't know it was banned.

THE ASSOCIATED PRESS

AHL

DeSalvo powers Moose to victory

Dan DeSalvo scored twice — including the winner — and added an assist as the Manitoba Moose skated past the Bakersfield Condors 4-1 on Wednesday in the American Hockey League.

JC Lipon and Brendan Lemieux added goals for Manitoba (7-5-1), the AHL affiliate of the Winnipeg Jets. Eric Comrie made 29 saves for the win.

Joey LaLeggia replied for Bakersfield (5-6-0) with a power-play goal. Laurent Brossoit stopped 11 of 15 shots in 33:34

In Bakersfield, Calif.

4 MOOSE
1 CONDORS

of work before Lemieux's goal chased him from net. Nick Ellis turned aside all eight shots he faced in relief.

All five goals were scored in the second period.

THE CANADIAN PRESS

T-Wolves weary of blown leads

NBA

Slow start has tempered optimism in Minnesota

With a roster full of some of the best young talent in the league and a new, playoff-tested coach to lead them, the Minnesota Timberwolves entered this season as a trendy pick to finally end a 12-year post-season drought.

Ten games into this still-young season, Tom Thibodeau finally erupted after watching his team give away yet another double-digit lead in a loss to the Charlotte Hornets that dropped them to 3-7.

-91

The T-Wolves third-quarter point differential.

It's not that the Timberwolves are losing games this season that has angered him. It's how they are losing them, with the same mistakes occurring over and over again, particularly during the third quarter of nearly every game.

"A big part of learning is trial and error. So when you go through something and it doesn't work, you should learn from it," Thibodeau said after a 115-108 loss to the Hornets on Tuesday. "The second time around, it shouldn't be the same way. That has to change and it has to change fast."

The Timberwolves have been one of the best offensive teams in the league this season, with Andrew Wiggins, Karl-Anthony Towns and Zach LaVine all showing skills that have fans cautiously hopeful that the franchise is finally ready to return to relevancy.

But they have been a disaster on defence and atrocious after halftime. They have been outscored by 91 points in their 10 third quarters this season, by far

the worst margin in the league. Only one game this season have they outscored their opponent in that period — a 36-point win over Memphis in which the Grizzlies were resting stars Mike Conley and Marc Gasol.

The devastating ball movement that leads to wide open shots disappears, too. Thibodeau said his players "start holding and dancing with" the ball, which bogs down the flow. Contested jumpers lead to missed shots, which open up transition opportunities for their opponents.

The defence at the rim and on the perimeter is nonexistent. Layups, dunks and three-pointers rain down on their heads as they scramble to get things under control. Wash, rinse, repeat.

"We're playing really well and it just turns and ruins the whole game," LaVine said Wednesday. "It ruins all our spirits. Going into the next game, you feel like you've got it figured out. We're up 15, 12 points and we're going good and it's a nosedive."

THE ASSOCIATED PRESS



Andrew Wiggins, front, of the Timberwolves and the Hornets' Nicolas Batum vie for the ball on Tuesday in Minneapolis, Minn. HANNAH FOSLIEN/GETTY IMAGES

INTRODUCING PLAYNOW SPORTS POOLS

Pick the Pool.
Pick the winners.
Bet \$5.

Win or Share the
JACKPOT.



Play Pools and get a \$5 Freebet.

*Conditions apply

Tannehill goes from zero to hero in Miami

NFL

Hot form of Dolphins' QB winning over supporters

The Miami Dolphins have won four straight games, are above .500 for the first time under rookie coach Adam Gase, and feature a hot quarterback in Ryan Tannehill.

That's quite a flip from a 1-4 start when Tannehill was the target of countless barbs.

"Everyone criticizes Tannehill," said Hall of Famer quarterback Bob Griese, a Dolphins radio analyst. "But as soon as the offensive line got better, the quarterback got better. And as soon as the running game improved, the quarterback got better. When those things happen, you can throw when you want to and not when you have to."

Tannehill leads the Dol-



“That hunger to succeed — that hunger to win — has been huge for us on our team”

Ryan Tannehill

MIKE EHLMANN/GETTY IMAGES

phins (5-4) against the Rams (4-5) on Sunday in Los Angeles. Miami remained in southern California to practise this week after beating the Chargers last weekend. The play of Tannehill is a big reason Miami is rolling. During the winning run, Tannehill hasn't turned over the ball.

"I think that's the biggest

thing for us right now is taking care of the football (and) not giving the other team opportunities with good field position, and keeping ourselves in the right spot," said Tannehill, who's thrown for 2,117 yards, 10 touchdowns and seven interceptions.

"If we can continue doing that, I think we'll continue

to win games." The Dolphins struggled at the season's onset. But they rebounded and that speaks volumes to Tannehill.

"I'm proud of the way that guys have battled and the way we faced adversity throughout our season, the way we stuck together and kept battling, kept staying on track, working to get better week in and week out," Tannehill said. "That hunger to succeed — that hunger to win — has been huge for us on our team. I'm excited about where we're at right now."

Tannehill is in the right spot more often thanks to his work with Gase. The two consistently worked on various aspects of Tannehill's game.

"We're constantly trying to improve," Tannehill said. "There's always something, whether it's feet, moving in the pocket — whatever it is. We're constantly trying to improve and get better."

THE ASSOCIATED PRESS

NFL IN BRIEF

Evans to end Trump protest

Tampa Bay Buccaneers receiver Mike Evans says he will not continue to protest the election of Donald Trump as president by declining to stand for the national anthem before games.

The third-year pro apologized Wednesday to the military and anyone else "truly affected" by him not joining his teammates in standing on the sideline before last week's game against the Chicago Bears.

THE ASSOCIATED PRESS

Hall of Fame finalists named

First-year eligibles LaDainian Tomlinson, Hines Ward, Jason Taylor and Brian Dawkins are among 26 semifinalists for the Pro Football Hall of Fame's class of 2017.

Joining them as first-time semifinalists is tackle-guard Chris Hinton, who retired in 1989 but has made this cut for the first time. The other 21 candidates — there was a tie for 25th in voting by Hall of Fame selectors as the list was trimmed from an original 94 — all have made it this far in the past.

THE ASSOCIATED PRESS

RG3 cleared for contact but not ready to practise

Robert Griffin III's comeback isn't quite ready to begin.

Cleveland's QB, who broke a bone in his left shoulder in the Browns' season opener, has been cleared for non-contact drills and could play again this season.

However, he won't practise this week and it's not clear when he will. Griffin was on a stationary bike on Wednesday as the winless Browns (0-10) continued.

THE ASSOCIATED PRESS

Texans taking precautions

Houston Texans players are being advised by the team not to leave the hotel and not to order room service during their trip to Mexico City for Monday night's game against the Oakland Raiders. The game is part of the NFL's international series and the first NFL game in Mexico City since 2005.

The Associated Press was given a look at a memo distributed to the team on Wednesday that included a page of information concerning the trip to Mexico, including those two rules. THE ASSOCIATED PRESS



FRIDAY, NOVEMBER 18

Women's Basketball vs. Lethbridge

6:00 PM

Men's Basketball vs. Lethbridge

8:00 PM

Location: Duckworth Centre, 400 Spence Street

SATURDAY, NOVEMBER 19

Women's Basketball vs. Lethbridge

5:00 PM

Men's Basketball vs. Lethbridge

7:00 PM

Location: Duckworth Centre, 400 Spence Street



Birchwood
**WHEEL
DEAL**

**3 YEARS
FREE**

**AN \$800
VALUE FREE**
WITH THE PURCHASE
OF 4 TIRES

- ✓ Comprehensive Roadside Assistance
- ✓ Rim and Tire Road Hazard Coverage
- ✓ Tire Rotations and Inspections

Learn more at
birchwoodtires.ca/wheel-deal

PLAY Yesterday's Answers

from your daily crossword and Sudoku

for more fun and games go to
metronews.ca/games



9	5	2	4	7	1	3	6	8
1	6	7	5	3	8	9	4	2
4	8	3	2	6	9	1	7	5
7	1	6	8	5	4	2	3	9
5	4	8	3	9	2	6	1	7
3	2	9	7	1	6	5	8	4
8	9	4	6	2	3	7	5	1
2	3	5	1	4	7	8	9	6
6	7	1	9	8	5	4	2	3

WINTER TIRES FROM BIRCHWOOD

**NO STRESS.
NO HASSLE.**

Hassle free winter tire buying,
only at Birchwood Tires.

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the most part, this is a feel-good day. However, do not make promises to family members that you can't keep. By evening, power struggles might take place. Just be cool.

Taurus April 21 - May 21
It's easy to overestimate things today, so be careful. People are inclined to exaggerate. Avoid conflict with others in the evening — it will be brief, but nasty.

Gemini May 22 - June 21
Your financial judgment might be a bit hazy today. You might spend too much or give away too much, or overestimate something. Be aware of this.

Cancer June 22 - July 23
Today the Moon is in your sign, at odds with Jupiter, which can make you too casual. You might ignore details. You might feel too lazy to do things.

Leo July 24 - Aug. 23
Because you feel sorry for someone who is less fortunate, you might be unrealistic in how you want to help him or her. Remember: True generosity is giving what is needed.

Virgo Aug. 24 - Sept. 23
When talking to a female friend today, resist the urge to promise more than you can deliver. Don't create a situation where someone else feels let down.

Libra Sept. 24 - Oct. 23
Do not volunteer for anything today, because in your eagerness, you might take on more than you can handle. Respect your own limitations. Be kind to yourself.

Scorpio Oct. 24 - Nov. 22
Travel plans look exciting! However, late in the day, make a point of avoiding controversial subjects like politics, religion and racial issues. You'll be glad you did.

Sagittarius Nov. 23 - Dec. 21
This is not an ideal day to decide how to divide an inheritance or figure out how to share something. Your financial judgment is a bit off. Use caution.

Capricorn Dec. 22 - Jan. 20
Enjoy conversations with others today, because you feel laid-back and easygoing. Nevertheless, avoid conflict this evening, because it will be too intense. Oh yeah.

Aquarius Jan. 21 - Feb. 19
Tackle what is realistic at work today. Be careful about overestimating something or taking on more than you can comfortably handle.

Pisces Feb. 20 - March 20
You will enjoy sports events and playful activities with children today. However, by evening, be patient with kids and romantic partners in order to avoid conflicts.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	5				6	7	
4			8		6			9
3			9					5
7			4					3
	6	3				7	9	
5			7					2
8			6					1
6			3		8			7
	2	9				8	3	

©2014 Conceptis Puzzles, Inc. by King Features Syndicate, Inc.



**BUY 4 WINTER
AT ANY BIRCHWOOD D**

AND

**WE'LL MATCH
MANUFACTURER**

2 TIMES THE SAVINGS. ONLY AT BI

Offer valid on purchase and installation of 4 winter tires. Must qualify for manufacturer rebate to claim offer. Valid for in-stock manufacturers. Maximum \$200 rebate.



BIRCHWOODTIRES.CA

RECIPE One-Pot Tomato and Basil Chicken Pasta



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada



Directions

1. Generously season chicken breast with kosher salt and pepper. Cut into 1-inch pieces.

2. Add olive oil to a large skillet over medium heat. Place the chicken in the pan and brown on all sides. Lower the heat, add garlic and cook for 1 minute.

3. Add the tomatoes, chicken broth, water and uncooked pasta to the pan. Bring this mixture to a boil, then reduce heat to low. Cover the pan and cook for about 15 minutes. Remove cover and cook for another 5 minutes, or until liquid is reduced by half.

4. Remove your skillet from the heat and gently stir in the Parmesan cheese. Serve individual portions with a sprinkling of fresh basil leaves and a bit more Parmesan cheese.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

This recipe is called having your cake and eating it, too, since you make a satisfyingly yummy meal and then have barely any cleanup.

Ready in 30 minutes

Prep time: 5 minutes
Cook time: 25 minutes
Serves 4

Ingredients

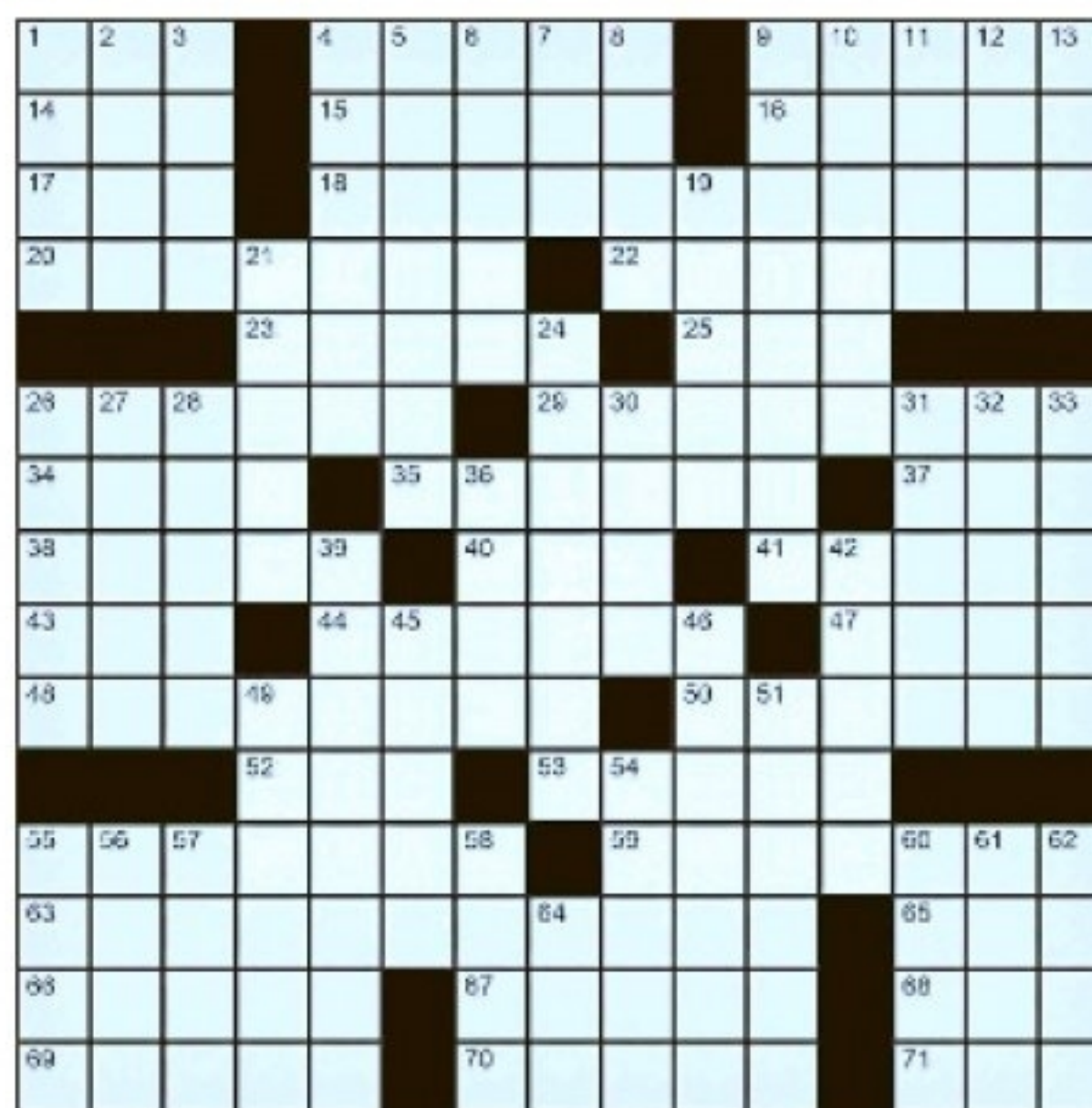
- 1 lb boneless, skinless chicken breast
- Kosher salt and pepper
- 3 Tbsp extra virgin olive oil
- 4 cloves of garlic, minced
- 1x28-ounce can of tomatoes
- 1 1/2 cups low-sodium chicken broth
- 1 cup water
- 2 cups penne pasta
- 1 cup freshly shaved Parmesan cheese, more for garnish
- 1 cup fresh basil leaves

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Firth of Clyde topper
4. Belarus' capital
9. Awesome party
14. Montrealer's 'soul'
15. Flipping ___ (Pre-game tradition)
16. City in northern France
17. Baseball's Mr. Dykstra
18. New album by Inuk throat singer Tanya Tagaq
20. Collapse, cookie-style
22. Paid for dinner
23. Aware
25. Ms. Landers
26. Sports game outcomes
29. Vexers
34. 'Scotch' add-on (Stuff sprayed on a sofa, perhaps)
35. Uses a need-this-no-more office paper machine
37. Extinct New Zealand bird
38. Caper
40. Grocery store, e.g.
41. English actress Ms. Blunt
43. ___ degree
44. Walks through the 'In' door
47. Extensions
48. Zaniest
50. From long-est ago
52. Grand Opry link
53. South Pacific island group
55. Taxi trip: 2 wds.
59. Pass up



63. 'Ski Capital of Newfoundland and Labrador': 2 wds. (More at #4-Down)
65. Clash
66. Stables sound
67. 'Sea' suffix (Carried by the ocean)
68. Philosophy
69. 'Harry Potter' mov-

- ies director David
70. Turn
71. "Never ___ Never Again" (1983)

DOWN

1. Gym bag item
2. 'A' of USA [abbr.]
3. 'Desserts' detailer
4. ___ Mountain (Ski re-

- sort located in the west coast of Newfoundland town at #63-Across)
5. Like fast food special orders of Pepsi or Coke
6. Attentive type
7. Lady's gent
8. Hand-make a scarf

9. Canadian ten cent piece schooner
10. Tedious listing of things
11. Dismounted
12. Gin flavouring
13. Mind the flock
19. Kraft, Aero or Tide, etc.
21. Weekday day, in

- Quebec City
24. Objectives
26. Haida Gwaii - British Columbia: Anthony Island village which is a UNESCO World Heritage Site, ___ Gwaay Llnagaay
27. Bel ___ (Opera singing style)
28. 'Straight'-meaning prefix
30. Close
31. French writer Mr. Zola
32. Breadbasket breads
33. Speak, archaically
36. Chart-topping songs
39. Dancing/singing/fun parties in Ireland
42. Athlete's prize
45. Dependent
46. Songbook standard: "Make ___ Happy"
49. Gather grub
51. Binders, jacket, lunch storage spot
54. Love lots
55. "Our House" gr.
56. "I just had ___" ...said the hot beverage enjoyer
57. "So ___!" (Very well then)
58. Wanes
60. Goo Goo Dolls tune
61. Space mission org.
62. Ms. Rossum of acting
64. Turn to compost

R TIRES
DEALERSHIP
CH THE
ER REBATE
RCHWOOD TIRES

Some restrictions apply, see Parts Consultant for details. Expires November 30th.

**QUALITY AND AFFORDABLE
TOP BRAND NAME TIRES.**



CA | TOLL FREE: 1-888-714-5789

SATURDAY, NOVEMBER 19 TO FRIDAY, NOVEMBER 25

buy
beauty

GET

20x

THE SHOPPERS
OPTIMUM POINTS®

Includes All Brands of:
COSMETICS • SELECT SKIN CARE
HOSIERY • FRAGRANCES • JEWELLERY
HAIR COLOUR • BATH FOAM & GEL • NAIL CARE

WHEN
YOU SPEND
\$75 OR MORE* ON
COSMETICS OR
FRAGRANCES.

FREE
feels good



RED HOT SAVINGS SATURDAY, NOVEMBER 19 TO FRIDAY, NOVEMBER 25



\$80
each

FRAGRANCE SAMPLER &
CERTIFICATE FOR HER or HIM



19⁹⁹
each

GUESS by MARCIANO (100mL) or
EMPORIO ARMANI DIAMONDS FOR
MEN (30mL) FRAGRANCES
Selected Types
While quantities last. No rainchecks



9⁹⁹
each

MAYBELLINE NEW YORK
BABYFACE BB CREAM,
THE NUDES EYESHADOW PALETTE or
EYESTUDIO BROW PRODUCTS
Selected Types



\$35
each

QO
ULTIMATE BEAUTY PALETTE



24⁹⁹
each

NYX
LIQUID SUEDE LIP COLLECTIONS
Selected Types



30%
off*

L'ORÉAL
VOLUMINOUS MASCARA, INFALLIBLE or
TRUE MATCH MAKEUP PRODUCTS
Selected Types



SHOPPERS
DRUG MART



Prices and Shoppers Optimum Bonus Points® in effect from Saturday, November 19 until Friday, November 25, 2016 while quantities last. We reserve the right to limit quantities. *Our Regular Price. †Offer valid on the purchase total of eligible cosmetics and fragrance products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Calculation excludes Shoppers Optimum Bonus Points®. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See Beauty Advisor for details.